

Breakfast Club teaches life skills

When Kasorn Campbell started her role as chaplain of Maylands Peninsula Primary School in 2015, she immediately set about strengthening local connections.

She started off at her local Coles.

“I called to introduce myself, say hello and ask if they would like to support our Breakfast Club Program,” she said.

“The manager jumped at the chance as he thought the program was a great community initiative.”

From then on, whenever Kasorn needed some supplies, she would ring the Coles and they would have a shopping trolley with the food ready to be collected.

“They have been amazing from day one,” Mrs Campbell said.

“Whether it’s cleaning supplies, pancake mix or toast – they haven’t said no to anything.”

It’s just as well, as the program has seen a surge in popularity, with numbers increasing from 22 students to more than 60 students – with more than 2200 meals served in 2016.

Maylands Peninsula Primary School’s Breakfast Club runs two days a week and according to Mrs Campbell, is about more than food.

Students volunteer to help prepare the food and wipe down the tables after breakfast.

The best volunteer is also recognized at the end of each term.

“It’s not just about hungry children,” Mrs Campbell said.

“The students learn how to interact with each other, be kind and clean up after themselves.

“My goal is to teach life skills and responsibility.”

Principal Paul Andrijich said the Breakfast Club had been running for the past eight years and was a key part of the pastoral care program.

“Breakfast Club is not only there to provide a nutritious and healthy meal for those students who may go without in the morning, but also provides an opportunity to be part of the school community in a fun and socially responsible way,” he said.

“Upwards of 30 students regularly attend Breakfast Club each Tuesday and Thursday morning.

“We have enjoyed the strong support of both Foodbank WA, and in more recent times, Coles Maylands.”

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